

DAILY
energetic tools



**ON WAKING UP & AT NIGHT
PICK & PLAY WITH THESE ENERGETIC TOOLS**

*Barrier down - Push down the Barrier - Physically &
Energetically!*

*Repeat the Access® Mantra 10 x in the morning/night:
All of life comes to me with ease, joy, and glory™*

*Use the clearing statement:
Right and Wrong, Good and Bad, POC & POD, All 9, Shorts,
Boys, & Beyonds*

Ask following generative questions and POC & POD if need be.

- *I wonder, what would it be like to receive everything that molecules of the universe are waiting to gift me.*
- *What grand and glorious adventures can I have today?*
- *What can I be, do, have, choose, create, perceive & receive today to create a totally different reality right away?*

What 3 things could I choose to do today that would contribute to the energy of creating my future.

*I am awareness,
I am creativity,
I am power,
I am money,
I am control
Repeat 10 X*

*I don't want money!
Repeat 10 X*

*I destroy & uncreate all the projections, expectations & judgements I have for - myself, my spouse/partner, family, kids, friends, colleagues, my business, my body, my money flows.
How does it get better than this?*

Acknowledge what magic (big/small/good/bad) you created today - Be grateful & ask for what else is possible?

*Pull/flow Energy in your body
Thymus Exercise - run !*

Universe, show me something beautiful today !

